

Multi Grip Chin Up

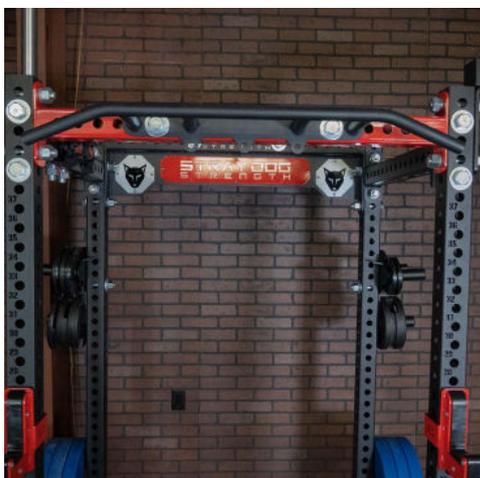
SPECS

MATERIAL	1/4" Steel plate
HEIGHT	4.5"
WIDTH	40"
DEPTH	8"
WEIGHT	22 LBS
FOOT PRINT	4.5"x 40" x 8"
MADE IN USA	YES

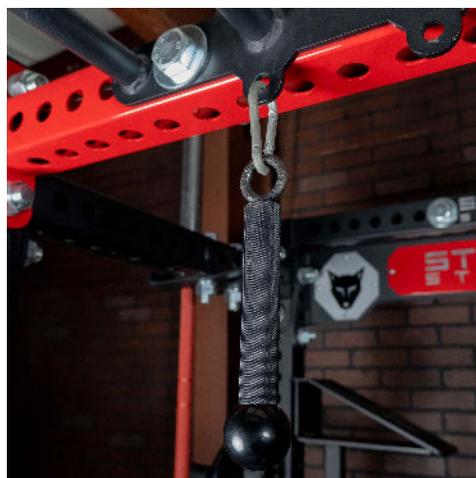


The Multi-Grip chin-up bar was designed to allow athletes to perform pull-ups, chin-ups, hangs, toes to bar, and other exercises in multiple hand positions. The 3 tabs allow you to easily add straps, rings, bands, and different grips or handles with a carabiner. The mounting holes are 18" apart on center.

FEATURES



Black Texture Paint for grip



Holes for handles/straps



Neutral Grip and angled grip