

Neck Machine Attachment

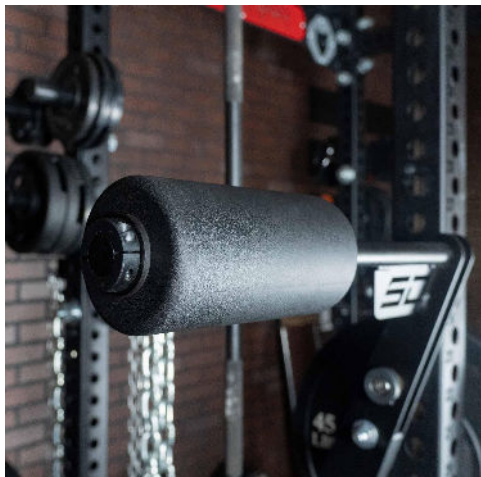
SPECS

MATERIAL	3/16" Steel Plate
HEIGHT	16"
WIDTH	36"
DEPTH	8.5"
WEIGHT	25 LBS
FOOT PRINT	16" x 36" x 8.5"
MADE IN USA	YES

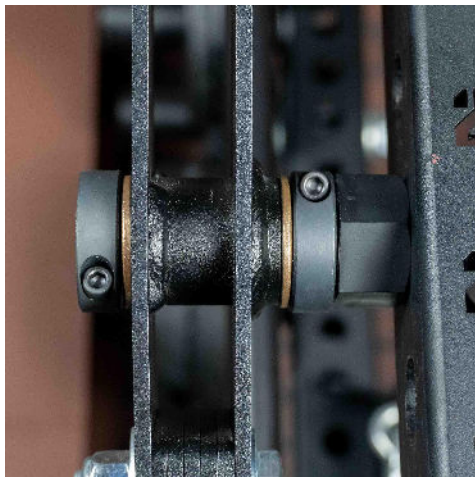


The Neck Machine attachment was designed to give athletes the ability to train their necks at a rack station with weight and or band resistance (they also can be attached to a cable column). It attaches with a 1" threaded rod and Adjustable Nut to any 3×3 1" hole rack.

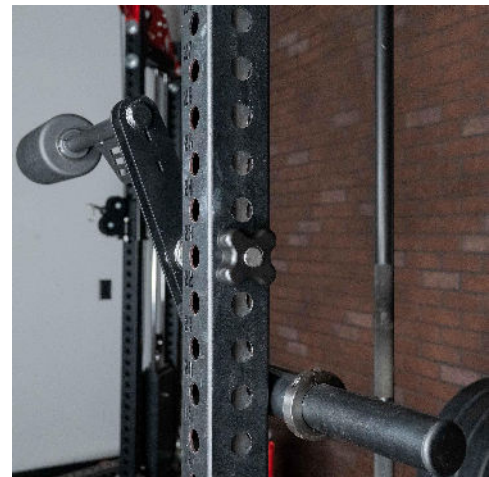
FEATURES



Injection molded Pad



Bronze Bushing



7" Weight Peg